Basic Needs, Mental Health, and COVID-19 Resources for Current Bren School Students:

Quick Links:

University Basic Needs and Mental Health:
1. UCSB Graduate Student Resource Center (GSRC)
2. UCSB Student Wellbeing
3. UCSB Basic Needs Resources
4. UCSB Student Health
5. UCSB Counseling and Psychological Services (CAPS)

COVID-19:
• UCSB FAQs for Graduate Students on Coronavirus Impacts
• UCSB FAQs on Campus Services During Spring 2020
• COVID-19 Information for UCSB Campus

I. UCSB Graduate Student Resource Center: Includes COVID-19-related FAQs for graduate students and links to campus resources for graduate students.

II. UCSB Student Wellbeing: Includes information on urgent needs, basic needs, and Counseling and Psychological Services (CAPS).

III. UCSB Basic Needs Resources. An overview of their services is listed below:
   a. Financial Crisis Response Team: Students experiencing a financial crisis should email financialcrisis@sa.ucsb.edu. Resources such as meal plan scholarships, housing vouchers, bridge housing, and other emergency funding can also be accessed via the Financial Crisis Response Team. We also encourage referrals from faculty and staff should you become aware of a student in need.
   b. Affordable Housing resources including Bridge Housing: UCSB is now offering a bridge housing program for students needing safe, temporary housing. Students are eligible to stay for up to 25 days until long term housing options can be coordinated.
c. **Housing Vouchers**: In a joint effort between the Office of Financial Aid and Scholarships and Housing, Dining & Auxiliary Enterprises, students can apply for housing voucher for up to $500 to help address housing emergencies, both on and off campus.

d. **Technology/access**: Chromebooks for FREE rental, while supplies last.

e. **Help with** an emerging issue such as eviction, health, food-related crisis.

f. **Food Pantries, groceries, prepared meals, food counseling and advising, etc.**

g. **Associated Students Foodbank**: AS Food Bank is an organization working to eliminate food insecurity at UCSB by providing students with an easily accessible food resource on campus. The Food Bank provides fresh, free, and nutritious food, as well as toiletries to the Gaucho community. The AS Food Bank is dedicated to raising awareness on food issues, and they offer a variety of services/programs to help students in need.

h. **Food Security and Basic Needs Advising Center**: The new Basic Needs Advising Center is located in the University Center next to Jamba Juice. The Advising Center will serve as a resource for the UCSB community around basic needs resources.

i. **Quick Guide for Graduate Students**. See more resources guides here: [http://food.ucsb.edu/resources/resource-guides](http://food.ucsb.edu/resources/resource-guides)

j. **Meal Plan Scholarships**: Through the Financial Crisis Response Team and the Office of Financial Aid and Scholarships, students can apply for meal plan scholarships. The number of meals per week vary based on demonstrated student need.

k. For assistance, contact **Rebecca Plotkin** (rplotkin@ucsb.edu), Basic Needs and Rapid Rehousing Manager.

IV. **Counseling & Psychological Services (CAPS)**: is committed to providing timely, culturally appropriate, and effective mental health services. All registered students are eligible for services at CAPS. Walk in hours are Monday through Friday from 10am-12pm and 1pm-3pm. Phone consultations are available 24/7 at 805-893-4411. (Their main office is located in the pink building across the bike path from Storke Tower).

V. **UCSB Graduate Division, Graduate Academic Counselor, Ryan Sims**: Ryan provides academic support, referrals to outside resources, and an ear for graduate students dealing with the various stressors of graduate school. 805-893-2068; Cheadle Hall, 3rd Floor; Ryan.Sims@graddiv.ucsb.edu.

VI. **UCSB Student Health**: For information on telehealth, COVID-19, how to make an appointment, what to do if you’re feeling ill, how to make your own mask, etc.

VII. **Financial Resources Guide for Current Bren Students**: found on the Bren website under *Internal Resources > Academic & Student Information*. 
VIII. **Bren School Staff**: If you’re feeling overwhelmed or having trouble accessing any of these resources, please contact Bren School student affairs staff for assistance. We’re here to help!

**Contact Bren Student Affairs Team:**

- **Satie Airame**, Assistant Dean for Academic Programs  
  satie@bren.ucsb.edu; 805-893-3387; BH 2424
- **Kristine Duarte**, Student Affairs and Admissions Manager  
  kristine@bren.ucsb.edu; 805-893-7611; BH 2510
- **Rebecca Webb**, Student Affairs and Admissions Coordinator  
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