INTRODUCTION

Microfibers, synthetic fibers less than 5 mm in length, are an emerging pollutant with widespread distribution in the environment. In marine ecosystems, they are bioaccumulating in the food chain and causing ecological harm. There is a knowledge gap in scientific literature on how much synthetic clothing shed and the amount of fibers that enter the environment. This project aims to fill this gap by quantifying and contextualizing microfiber pollution from the household laundering of synthetic clothing.



Objectives

- 1. Quantify the microfibers shed from synthetic jackets
- **2.** Explore the potential impacts on the environment

Key Questions

- What factors significantly impact shedding?
- Where are the fibers present in the environment?
- What are the ecological impacts?





Wash Experiment Methods:

- 1. One jacket chosen (see table below)
- **2.** Jacket is washed in front or top load washing machine
- **3.** Water from wash cycle is collected
- **4.** Five Liters is filtered through filtration column
- 5. Filters are collected and massed
- 6. Each jacket is "aged" via a 24-hour intensive wash cycle
- **7.** Steps 1 through 5 are repeated for all "aged" jackets

Wastewater Treatment Plant Model Methods:

Based on a literature review of numerous wastewater treatment plants, we created a model to estimate the count and mass of microfibers entering local water bodies using a microfiber removal rate between 65 and 92%. We then scaled this up for two scenarios:

- **1.** A city of 100,000 people with a range of synthetic jackets washed once
- 2. 100,000 Patagonia jackets washed once

Description
Technical non-fleece synthetic jacket
Synthetic fleece pullover
Synthetic fleece midlayer jacket
Synthetic sweater fleece jacket
Budget version of Patagonia D

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WASTEWATER TREATMENT PLANT MODEL

City with 100,000 People

9 - 110 kg of microfibers would be released per day into local waterbodies







= Mass of 1,000 Plastic Bags

100,000 Patagonia Jackets

6 - 30 kg of microfibers would be released after a single wash into local waterbodies



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humans.



Microfibers are easily entangled in the stomach lining of smaller organisms, reducing feeding activity.



Sediments with plastic warm slower which would affect the sex determination of sea turtles.



This study highlights current research regarding microfiber pollution by analyzing the impact of two variables on microfiber shedding: garment age and washing machine type.

The higher shedding in aged jackets is most likely due to the weakening of fibers as a result of wear. The higher shedding from the top load washing machine is likely influenced by the central agitator found in these appliances. These results were significant; however, several other variables were identified that could affect shedding. These variables include but are not limited to:









Detergent Use

Our innovative wash protocol is easily replicable and can be used by product designers and researchers to better understand the variables mentioned above. Future work should also evaluate differences in shedding between traditional top load machines with a central agitator (like the one used in this study) and high efficiency top load washers without a central agitator.

> Chelsea Rochman, UC Davis Rebecca Sutton, San Francisco Estuary Institute Abby Barrows, Adventures & Scientists for Conservation

